



Anson Majorette Talent Show Delivers "A Wintry Mix"

The Wadesboro Primary School Gym was the site of an indoor "Wintry Mix" of talent when the Anson Majorettes hosted a talent show fundraiser on Thursday, January 17. The nineteen acts were comprised of twirlers, dancers, cheerleaders, vocalists, various musical talents and comedy. "Anson County has a great variety of talent," said many of those in attendance.

The Anson Majorettes are busy raising money for a trip to Walt Disney World in Orlando, Florida. The trip is not merely for fun, as the girls audi-

tioned for and were selected to perform at Hollywood Studios on March 8.

Pictured here, these Wingate University Macho Men had their captive audience in stitches with sidesplitting laughter. "We were happy to help support the majorettes and know they will represent Anson County proudly," said Wingate student Aaron Shaver. "A Wintry Mix Talent Show" helped raise \$630 toward their goal," said Coach Anne Hyatt. "The girls would like to thank everyone who came out to support them despite the weather. It was a wonderful, fun-filled evening of pure family entertainment."

By Melanie Lyon



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HUNTER BROCK RATLIFF turned 5 on Friday, January 25th. He celebrated on Sunday, January 13th with an outdoor party at his Uncle Ris & Aunt Cynthia's house in Peachland. Everyone enjoyed playing on some inflatables along with having cake & snacks. He also celebrated on his birthday with a party at Kids Express. His workmates & little sister Gracie Ann enjoyed Angry Birds cupcakes & snacks.

Hunter is the son of Bud & Kimberly Ratliff of Wadesboro. He is the grandson of Anthony & Patty Ratliff of Wadesboro, Tommy & Virgie Long of Stanfield and Ted & Mary Moore of Wadesboro.

TCIF Bible College Graduation

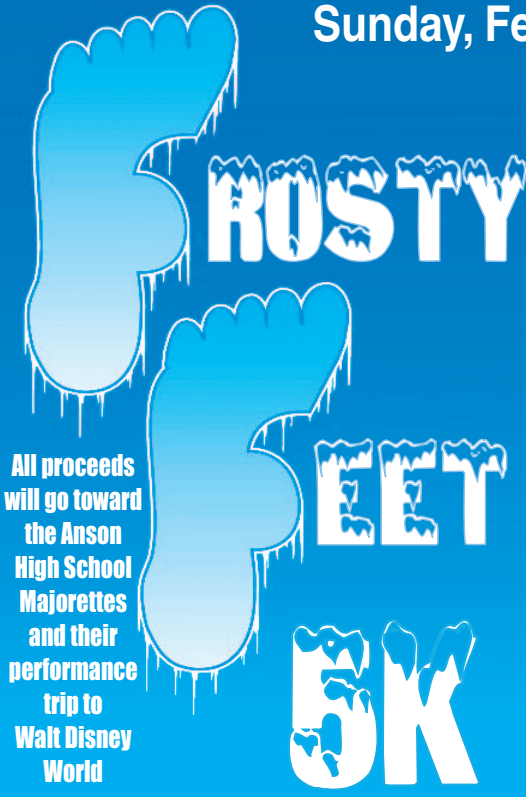
TCIF Bible College held their second graduation on December 8, 2012. Ten students completed the requirements to receive a Diploma in Biblical Studies. Reverend Dr. Melvin Russell delivered the commencement sermon for the occasion.

For more information about TCIF Bible College contact Bishop Walter Ellerbe at 704-695-4910. Pictured below are, from left, front row: Eyvonne Caraway, Tabitha Harris, Dr. Melvin Russell, Mrs. Russell, Ms. Mary Burch, Instructor, Pastor Sandra Ellerbe, Vice President, Bishop Walter Ellerbe, D.D., President, Ebony Smith, Sonia Kelley and Debra Parson.



Frosty Feet 5k Run/Walk in Uptown Wadesboro

Sunday, February 3 • 2:30pm



Keep your New Year's resolutions to become more physically fit and healthy by entering the Frosty Feet 5k Run/Walk. Burn off some calories BEFORE your Super Bowl party!

For the run, wear your favorite team jersey and get into the spirit of the game. Or simply come out to run, walk or stroll with your family, friends, teammates or exercise buddies! This is sure to be a "fun run" and lots of prizes will be given away.

Awards will be given for each age division ranging from age 5 to 105! Register at www.sportoften.com. Entry forms are available at Buff Monkey Fitness & Lacy's. Register early by January 31 at 9am & pay only \$20. Entry fee is \$25 the day of the race. For information contact Anne Hyatt at 704-694-0593 / lahyatt@windstream.net or Melanie Lyon at 704-695-2247.

All proceeds will go toward the Anson High School Majorettes and their performance trip to Walt Disney World

Methamphetamine Can Lead to Oral Disaster

The popular TV drama series "Breaking Bad" explores the evils of cooking and selling "meth" or methamphetamines in the western US. And while the shows detail the horrific outcomes associated with meth use, there's one that's missing: So-called "meth mouth."

"There's probably nothing more destructive of teeth and oral tissue both in our practices and in outreach dental clinics throughout North Carolina," says Dr. Bill Blaylock director of NC Missions of Mercy or NCMOM. "And we are seeing its terrible effects on teeth and oral tissue both in our practices and in outreach dental clinics throughout North Carolina."

Methamphetamine is a cheap, easy-to-make illicit drug. It's known by several street names: Meth, Speed, Ice, Chalk, Crank, Fentanyl, and Crystal. It is highly addictive and methamphetamine is a potent central nervous system stimulant that can cause shortness of breath, hyperthermia, nausea, vomiting, diarrhea, irregular heart beat, high blood pressure, permanent brain damage and rampant tooth decay.

"In the Dental Society's NCMOM dental clinics in rural areas and some inner city locations, we are seeing a high incidence of methamphetamine-induced dental problems," says Dr. Blaylock. "These patients who are meth users often have teeth that are blackened, stained, rotting, crumbling or falling apart. In many cases, the teeth cannot be salvaged and must be extracted."

The extensive tooth decay is probably caused by a combination of drug-induced psychological and physiological changes resulting in dry mouth and long periods of poor oral hygiene. There also is the likelihood that the acidity of the drug damages teeth.

The good news is that methamphetamine use appears to be declining nationwide. According to the 2008 National Survey on Drug Use and Health, meth use dropped from an estimated 731,000 past month users in 2006 to 314,000 past month users in 2008. However meth is still a major health concern particularly in rural and even suburban areas where the drug is easily and inexpensively manufactured and easily distributed.

"Our best advice to an individual tempted to experiment with meth is that they should avoid this destructive drug altogether," says Dr. Blaylock. "However, after the fact, the best we as medical professionals can do is encourage users to seek help with their addictions and try to address the all too common dental and medical issues that accompany meth use."

The NC Dental Society represents more than 3,600 dentists throughout North Carolina. The NCDS encourages improvement of the oral health of the public, promotes the art and science of dentistry, sustains high standards of professional competence and practice, and represents the interests of the members of the dental profession and the public which it serves.



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