

The community is invited to a delicious breakfast and auction fundraiser for Elizabeth Brooks on Saturday, March 18. Breakfast will be served from 6 to 10 a.m. The auction begins at 9 a.m.

Elizabeth is 14 years old, and is now receiving treatment for a relapse of Ewing Sarcoma, a rare pediatric cancer. All proceeds from this fundraiser will go to assist her family with the expenses incurred by her treatment.

The event will take place at Euto Baptist Church, located at 6019 Highway 205 in Marshville. The sponsoring church is Trinity Baptist in Monroe. Any checks made out to Trinity Baptist Church, please put Elizabeth Brooks on the memo line.

Elizabeth's grandparents are Cherry Tucker Kirk and Freddie Kirk formerly from Polkton and Philip and Sheila Brooks of Marshville. Her great-grandparents are Ed Tucker, Lorena Kirk and the late Joe Fred Kirk, all of Polkton, Joan Brooks and the late Hilton Brooks of Wingate, and Mr. and Mrs. Joe Byerly of Lexington, NC.

ANSON COUNTY 4-H
Over Crawl
SOCIAL & DANCE

HEAVY HORS D'OEUVRES DRINKS
DANCE COMPETITION RYAN SHORT DJ

to **Anson County 4-H**
 benefit **& 4-H Youth Promise**

FRIDAY, MARCH 10
6 p.m. to 11 p.m.
Lockhart-Taylor Center

\$30 per person in advance **21 & over**
\$40 at the door **event**

Tickets can be purchased at Lacy's or the Anson Cooperative Extension Office located at 501 McLaurin Street in Wadesboro.

For questions or additional information, please call 704-694-2915

Ladies Out at Grace Senior Center

Ladies Out is held every Monday at 1 p.m. at Grace Senior Center.

To find out what that means, and to register, call 704-694-6616.

Remembering.....
By Ed McBride



CMH Flooring Products, Inc.

In 1989, a group of business people including The Capells, McLeods, Haigh, Lanning - organized and began CMH Flooring Products, Inc. Evidently doing something right - besides hard work, dedicated personnel and one truck to serve North Carolina and South Carolina. They have expanded their product line from the "early days" of Congoleum/Carpet Cushion, etc. to a very specialized line of laminates, wood, ceramic and hardwood, to name a few.

The Company now has approximately 160 employees - shipping to Virginia, West Virginia, Tennessee, Kentucky, Alabama, Georgia,

Florida, etc. and of course North and South Carolina.

I have had the privilege to hand letter many of their trucks, as the one above that I did May 1991 with their special logo - today, however they have grown at such a pace and their truck and trailer fleet, including some dual trailers, number more than 100! Again, "me and my brush" got to be so slow - they now use decals!

Another example of a "great plus" for our business community even so - some of the above were little boys when we came to town!

McLeod Health Expands Therapy Services to Offer Dry Needling

Capable of quickly reducing pain, improving range of motion and restoring function to patients

Dry Needling is a form of Physical Therapy used for pain relief. In Dry Needling treatment, a Physical Therapist uses a thin filiform needle to penetrate the skin and stimulate both the peripheral nervous system and underlying sensitive spots in the muscles called myofascial trigger points. Dry needling can be a powerful "reset" tool for the pain cycle when used to treat soft tissue pain and dysfunction. Optimally, dry needling is used in conjunction with a comprehensive therapy plan to include manual techniques and therapeutic exercise.

Dry needling has the capability to quickly reduce pain, improve range-of-motion, and restore function to a patient. In the sports setting, dry needling will be used primarily to treat musculoskeletal dysfunctions such as tendonitis, pain associated with acute/chronic muscle strains, shin splints, neck, shoulder, and knee pain.

McLeod Outpatient Rehabilitation and Sports Medicine recently hosted a three-day training in which 17 McLeod Physical Therapists completed the "Foundations of Integrative Dry Needling" course and are now trained to provide this service to their patients.

Dry Needling services are available at McLeod Outpatient Rehabilitation and Sports Medicine in Florence, McLeod Darlington, McLeod Loris Seacoast, McLeod Health Clarendon in Manning, and McLeod Health Cheraw. For questions or more information, please contact McLeod Outpatient Rehabilitation & Sports Medicine at 843-777-2196 or visit www.mcleodhealth.org.

Wadesboro Rotary Club Scholarship and Planetarium Raffle Fundraiser

Tickets are now available for a chance to win one of six all-inclusive trips for two!

- Los Cabos, Mexico (4 night stay at Hyatt Ziva Los Cabos with airfare for 2)
- Ultimate Pro Sports Fan Getaway (2 night weekend stay with airfare for 2. Lower level tickets to a choice of a select regular season MLB, NBA, NFL, NHL or PGA event)
- Lake Tahoe Ski Getaway (3 night stay with airfare for 2, lift tickets, Hyatt Regency Lake Tahoe Resort)
- Saks Fifth Avenue Chicago Shopping Spree (2 night stay with airfare for 2, \$1000 shopping spree with Saks fashion consultant in Chicago)
- Cancun All-Inclusive (4 night stay at Hyatt Zilara or Hyatt Ziva Cancun Resorts with airfare for 2)

- Rod & Reel Fishing Getaway (3 night stay with airfare for 2, full day freshwater fishing adventure at location of choice)

The raffle tickets are \$20 each. See any Rotarian to purchase them. The drawing will be held on Thursday, March 30.

All proceeds from the raffle will provide college scholarships to Anson County High School seniors, financial support for the Wadesboro Rotary Planetarium and Science Center, and many other local projects in our Anson County Community.

More information can be found on the Rotary website, www.wadesbororotary.org. You can contact them about tickets at wadesbororotary@gmail.com.

Wadesboro Fire Department Offers Safety Programs

The Wadesboro Fire Department offers fire prevention and life safety programs on various topics. These programs are offered to audiences including children, adults, seniors, industries and churches. A Fire and Life Safety Educator will come to your location and provide presentations on home fire safety, workplace fire safety (including fire extinguisher training), evacuation and exit drills, smoke alarm installation and maintenance, and severe weather presentations.

To schedule a program contact the Wadesboro Fire Department at 704-694-2167. These programs are provided in a continual effort to improve life safety for all citizens of Anson County.



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www.kubota.com
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Thursday, March 2
6pm to 7pm

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