

American Red Cross Lifeguarding Course

Anson County Parks and Recreation will offer the American Red Cross Lifeguarding Course on April 27-29 and May 4 and 6. The classes will be held at the Parks and Recreation pool at Little Park. Classes will be at 5 p.m. on Fridays, 9 a.m. on Saturday and 1 p.m. on Sundays. First Aid will be taught on Friday, May 4 starting at 5 p.m.

Headline to register for the classes is Friday, April 20. To be eligible for the Lifeguarding course, the participant must be 15 years of age on or before the final scheduled session of this course. The participant must successfully complete the following:

- 1) Swim 300 yards continuously, using these strokes:
 - The 300 yards may be a combination of front crawl and breaststroke.
 - The front crawl and breaststroke must use rhythmic breathing.
- 2) Retrieve in the water, swim 20 yards using front crawl or breaststroke, surface dive 7-10 feet, straining a 10-pound object, return to the surface, swim 20 yards back to the starting point with the object and exit the water without using a ladder or steps, within 1 minute, 40 seconds.
- 3) Tread Water for 2 minutes while arms crossed and hands under armpits.

For more information call the Stanly County Chapter at 704-982-0070. To enroll call Wendell T. Small, CPRP with Anson County Parks and Recreation at 704-695-4207.

Citizens with Question or Concerns about F&M McLendon Funeral Home

Client families of F&M McLendon Funeral Home who have questions or concerns about the recent forced closure should contact the North Carolina Board of Funeral Services with any questions. Clients of the failed funeral home can find information about insurance, pre-need burial contracts, and other issues they may be facing.

Other funeral homes are referring all questions about F&M to the NC Board of Funeral Service.

Here is the contact information: North Carolina Board of Funeral Service, 1033 Wade Avenue, Suite 108, Raleigh, North Carolina 27605. Telephone Number (919) 733-9380 or NC toll free 800-862-0636. Fax Number (919) 733-8271. www.ncbfs.org.

Events

NOW-APRIL 23

Arthritis Exercise Program

Free at Grace Senior Center w/AFEP Instructor Wanda Talbert. Mondays & Wednesdays, 1-2pm. Info & register 704-694-6616

APRIL 18

Career Fair

At Lockhart-Taylor Center, 9am-1pm. Info 704-272-5460

APRIL 19

PTO Meeting

At Anson High School Parent Teacher Organization, 5:30pm at AHS Media Center. Parents, teachers & community members urged to join in

Budget Workshop

Board of Education at Charles Riddle Staff Development Center, 5:30pm

APRIL 20

Golf Tournament

Anson County Chamber of Commerce's Captain's Choice at Twin Valley Country Club w/22 morning teams & 22 afternoon teams. Lots of prizes, delicious lunch. Sponsorships available. Info & register 704-694-4181

APRIL 21

Battle of the Bands

Sponsored by SPCC, 5pm at L.L. Polk Campus on Hwy 74 in Polkton. Prize money increased. To enter or for info call 704-290-5864 or email mmaffucci@spcc.edu

Genealogical Society

Meets 2pm at Historical Society office w/Richard Allen speaking on history of Peachland. Public is invited. Info 704-475-3877

Blood Drive

SPCC Polkton campus, 5-9pm. Free t-shirts to all donors

APRIL 22

Choir Concert

Elijah, presented by the Anson Singers & Stanly Chorale, 4pm at First United Methodist Church in Wadesboro. Free, but please bring non-perishable food item for local ministry

APRIL 23

Free Movie

Courageous at Hampton B. Allen Library, 10am. Info 704-694-5177

APRIL 23-MAY 14

Self Defense Classes

Offered free for all ages by Anson County Domestic Violence Coalition & Weaver Thomas, 7-8pm on Mondays at Just for Kicks Karate Dojo, located Hwy 52 below Martin Bros. Donations are welcomed to assist victims of domestic violence & sexual assault. 704-694-4499

APRIL 25

Special Olympics

At Anson High School Stadium, 9am. Rain date is Friday, April 27, 9am. Volunteers needed. Info 704-694-4417

Diabetic Support Group Meets April 26

The Diabetic Support Group will meet on Thursday, April 26 at 10:30 a.m. at Calvary Episcopal Church in Wadesboro. The program topic is Depression and Stress Management with speaker Shelia B. Raye, BSQP, Geriatric Adult Mental Health Specialty Team. For more information contact Ruth Hildreth at 704-694-3979.

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Appointment Hours: Monday, Tuesday and Friday: 8am-5pm Wednesday and Thursday: 8am-7pm