



Anson Station Shopping Center  
Wadesboro 704-694-666  
DELIVERY IN WADESBORO

### Anson County AA Meeting Schedules

The Anson County Alcoholics Anonymous (AA) Group meets on Mondays at 7:30 p.m. for an Open Topic Meeting. (Except the 2nd Monday of each month is an Open Big Book Study.)  
The Harmony Group meets on Wednesdays at 12 noon for an Open Discussion Meeting.  
Anyone who thinks they may have a problem with drugs or alcohol, AA wants to help.  
All meetings are held at the AA Building, located at 2177 Country Club Road in Wadesboro, across from the EMS building. Meetings are non-smoking and handicap accessible.

### Anson Farmers Market is Open Every Saturday

The Anson County Farmers Market is open for the season, and will be open each Saturday, from 8 a .m. to 12:30 p.m. through September 28, with fresh and local produce, meats, eggs, baked goods, crafts...and much more! Come check it out.  
It is located at 1736 Highway 52 South, just past Wadesboro Primary School.  
For more information about the Farmers Market or to become a vendor, or to host a weekday market in your area of Anson County, contact Leslie Lee at 704-695-4415 or [ansonfarmersmarket@yahoo.com](mailto:ansonfarmersmarket@yahoo.com), or message through the Facebook page, Anson County Farmer's Market.

### We're Nuts About These Bird-Friendly Native Plants

Many birds rely on seeds and nuts much of the year, even saving them to eat during the winter when insects are hard to find.  
There are many types of native plant species that supply nuts and seeds - including these four species from the [nc.audubon.org](http://nc.audubon.org) Bird-Friendly Native Plants of the Year list: [nc.audubon.org/news/meet-2018-bird-friendly-native-plants-year](http://nc.audubon.org/news/meet-2018-bird-friendly-native-plants-year).

"Native plants are important for your yard because they have evolved here and have adapted to our climate and are resistant to both the heat and cold weather," said Mark Johns, operations and program supervisor at Hemlock Bluffs Nature Preserve. "Native plants will help you save money in the long run and are ecologically beneficial for around your house."

Birds love plants that produce nuts and seeds throughout all four seasons, so consider adding these native plants to your backyard. You can find these plants as well as others at your local participating retailer.  
A list of retailers is here: [nc.audubon.org/birdfriendlynativeplantsretailers](http://nc.audubon.org/birdfriendlynativeplantsretailers).

**• Welcome the New York Ironweed to North Carolina** New York Ironweed (*Vernonia noveboracensis*) is a tall, upright perennial normally found in the wild in moist thickets, low areas and along streambanks. They have tall, leafy stems and numerous small, fluffy, purple flowers and can be between 4 and 6 feet tall. They bloom in the late summer into fall, from August through October, just in time for fall migration! The flowers give way to a rusty-colored seed underneath. Sowing the seeds in the fall will help make sure that nutlets mature 3-4 weeks after the blooming period and can give birds the food that they need.

New York Ironweed is great for butterflies and other pollinators and the seeds are popular among many types of birds. This plant is perfect for the back of your border garden or for naturalizing moist areas.  
*Birds who love this plant include American Goldfinch, House Finch and the Song Sparrow.*

**• Swap out invasive species with the Swamp Sunflower** An accurate name - the Swamp Sunflower (*Helianthus angustifolius*) will thrive in a wet ditch. Other habitats include floodplains, coastal salt marshes, and wet meadows. This native sunflower grows 5 to 9 feet tall, with bright yellow flowers from August until first frost. It produces golden brown seed clusters from September through November and remain into winter, supporting many types of birds and 73 native caterpillar species! You can plant Swamp Sunflower seeds directly in your garden or propagate it by dividing a mature plant.

*Birds who love this plant include Song Sparrow, Eastern Towhee, Blue Grosbeak, Indigo Bunting, Northern Cardinal and Tufted Titmouse.*

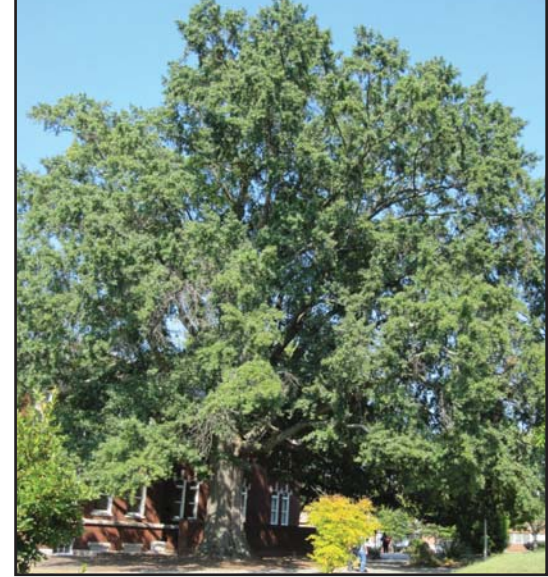
**• Out with the old, in with Green-And-Gold** The evergreen Green-and-Gold (*Chrysogonum virginianum*) will grow bright yellow star-shaped flowers with oval, hairy leaves from March through June, and seeds from April through July. It grows between 6 and 12 inches tall and is a fabulous bird-friendly ivy! Green-and-Gold is a deer-resistant groundcover option. It is best propagated by division and this should take place in the fall or late winter. The nutlets mature 2-3 weeks after the yellow flowers fade and drop.

*Birds who love this plant include the American Goldfinch, the Song Sparrow and the House Finch.*

**• The wondrous Willow Oak** Willow is a very popular oak known for its fall golden color and narrow leaves. It will typically be found in moist bottomland soils. Willow oak typically grows 40- 75' tall with an oval to rounded crown, but can grow up to 100' in ideal conditions! Leaves change from green to yellow-brown or dust gold in the fall. They provide acorns, an important source of food for many types of wildlife such as squirrels and chipmunks.

*Birds who love this plant include woodpeckers, jays and turkeys who depend on its acorns, as well as chickadees who need up to 9,000 caterpillars to raise one nest of chicks according to Dr. Doug Tallamy!*


**Leave your leaves on the ground!** "Another way to help the birds in your garden is by leaving fallen leaves on the ground," said Ben Skelton, owner of Skelton's Landscaping Service and New Hope Audubon Society volunteer. "Litter provides ground cover for insects and worms, so removing them takes a lot of good stuff for birds off of your land."  
These are just a few of the plants on Audubon's Bird-Friendly Native Plants of the year list. They've also featured nectar and berry-producing plants: learn more about other 2018 picks at: [nc.audubon.org/news/meet-2018-bird-friendly-native-plants-year](http://nc.audubon.org/news/meet-2018-bird-friendly-native-plants-year).



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### UNAUTHORIZED HYDRANT USE



The use of Anson County Water Department fire hydrants for obtaining water for agricultural or any other purpose without written consent of the Anson County Water Department is a violation of state and federal law.

Hydrants are for use by written-permitted users, water company or fire department personnel only.

The Anson County Water Department will take legal action against any individual or business that unlawfully obtains water from the Anson County water system. **PLEASE REPORT SUSPICIOUS ACTIVITY** to the  
• Anson County Sheriff's Office 704-694-4188, or the  
• Anson County Water Department 704-694-5208.

Hydrant use permit information is available from the Anson County Water Department. Information is available at 704-694-5208.

Access to family planning health care is critical to reaching your life's goals.

How Would You Finish This Sentence?

**FAMILY PLANNING IS THE FOUNDATION FOR**



Schedule a physical and/or birth control consult today at the Anson County Health Department

ANSON COUNTY HEALTH DEPARTMENT  
110 Ashe Street  
Wadesboro 704-694-5188  
Sliding fee scale for the uninsured.



FUNDED BY TITLE X REPRODUCTIVE HEALTH SERVICES

### Youth Employment Certificate

Any youth under the age of 18 who works in North Carolina for any employer must have a youth employment certificate.

Please call 1-800-625-2267 if you have any questions.

How to Handle Completed Certificates:

- Certificate needs to be signed by the youth, the parent or legal guardian and the employer.
- Completed and signed certificates must be given to the employer on or before the first day of work.
- The employer must verify the youth's age, proposed job duties and any restrictions noted on the certificate.
- The certificate must be maintained by the employer for two years after employment ends or until age 20, as appropriate.
- It is not necessary to mail the completed certificate to the North Carolina Department of Labor.