

Breast Cancer Awareness Dessert & Learn Events in October

October 2017 marks National Breast Cancer Awareness Month, and to help raise awareness in our region McLeod Health Cheraw is offering free women's education presentations at local public libraries in Cheraw and Bennettsville, SC. Come enjoy dessert and coffee as local physicians share the latest advancements in breast cancer detection, treatment and prevention.

The Cheraw event will take place at Matheson Public Library on Friday, October 6 at 2 p.m. The Bennettsville event will take place at Marian Wright Edelman Public Library on Friday, October 20 at 2 p.m.

To RSVP for these events and for more information, please call reservations and scheduling at 843-777-2005.

Grace Senior Center Offers 'A Matter of Balance' Class

Do you have concerns about falling? A Matter of Balance can reduce the fear of falling and increase the activity levels of older adults who have concerns about falling. The Matter of Balance classes help participants learn to:

- view falls and fear of falling as controllable
 - set realistic goals for increasing activity
 - change their environment to reduce fall risk factors
 - promote exercise to increase strength and balance
- The Matter of Balance class is designed to benefit community-dwelling older adults who:
- are concerned about falls
 - have sustained a fall in the past
 - restrict activities because of concerns about falling
 - are interested in improving flexibility, balance and strength
 - are age 60 or older, ambulatory and able to problem-solve

Grace Senior Center is offering A Matter of Balance managing concerns about falls. The class starts October 3 and runs through October 26. Classes will meet twice a week for four weeks on Tuesdays and Thursdays, 1 to 3 p.m. at Grace Senior Center. Call Wanda Talbert at (704) 694-6616 to register or for additional information.

If It Spells Your Name in Its Web...

This the time when people notice the spider "Argiope aurantia" in their yards. This spider is often called the "black and yellow garden spider" Why? Because it's not the black and yellow garden giraffe. Obviously, it is: a) a spider; b) black and yellow, and c) often seen building conspicuously large web near gardens. It's also commonly called the "writing spider" because the zig-zag pattern in the middle of the web supposedly looks like writing (presumably if you write like a two-year old!).

The spider's color and size (and web) are what usually grab people's attention as they work in their gardens. The female spider is large, reaching about 1 1/8" in body length. As with many spiders (and Tom Cruise), males are typically smaller than the females (but don't jump on couches in front of Oprah). As the spiders become more conspicuous, we get that immediate wave of calls from inquiring minds:

• What spider is it? (see answer above).

• Is the spider dangerous? Yes...if you're a moth.

Actually, they eat more than moths, basically feasting on whatever gets caught in its web.

But, like most spiders, it is venomous which is how it subdues it's web-ensnared prey.

The spider's body colors do not have some meaning that it is extremely poisonous or that it's more inclined to bite you.

They're not going to leave their web and go for your jugular while you're out pruning back your daylilies.

• What spider do about the spider? How about - ignore it or throw a moth into the web (my apologies to you moth fans out there).

It's just trying to make a living and more importantly it's most likely doing you a favor by eating things you don't want eating your garden.

For additional information, Steve Bambara, Extension Specialist with NC State University's Entomology Dept. has prepared a very informative web page about common spiders in the landscape.

You can find it at insects.ncsu.edu.

Submitted by Aimee Colf

FarmHouseBuffet

Ansonville, NC • 704-826-8563

Seafood Buffet & Menu Items
Friday & Saturday 4:30-10

Sunday Country Lunch
Buffet 11:30-4

8018 Highway 52 North in Ansonville

Ansonia Theatre Proudly Presents



TABULA
Mockingbird

Adapted by
Christopher Sergel

October 13-22
704-694-4950
www.ansoniateatre.com

Directed by
Tommy Wooten

That's him...#2! I'd recognize those ugly glasses anywhere!



POOR FRAME SELECTION COULD COME BACK TO HAUNT YOU.

We offer a great selection of high quality and designer frames.

Accepting New Patients
We Accept Most Insurances

704-694-3618

Call for an appointment today

Locally Owned & Operated

ANSON FAMILY OPTOMETRIC, PLLC.



Holly Allison Kiker, OD

1134 Holly Street in Wadesboro (On Highway 74 across from Forbes Jewelers,
Mon-Thurs 8:30-5 & Friday 8:30-12:30 704-694-3618



ANSON COUNTY DEMOCRATIC PARTY

Blue & White
GALA

SATURDAY SEPT 30 6PM

AT LOCKHART-TAYLOR CENTER
514 North Washington Street in Wadesboro

Guest Speaker Professor Gene Nichol

Gene Nichol is Boyd Tinsley distinguished professor at the University of North Carolina. He was director of the UNC Poverty Center (2008-2015) until it was closed by the Board of Governors for publishing articles critical of the governor and General Assembly. Since 2015, his research has been supported by the N.C. Poverty Research Fund.



For Information Contact

Nichol was president of the College of William & Mary (2005-2008), law dean at the University of Colorado (1988-1995), and dean at UNC from 1999-2005.

Vancine Sturdivant 704-848-4412
Priscilla Little 704-695-7770

Low or No Income? Uninsured?
That is no excuse for avoiding preventive health care.

Schedule a Physical and/or Birth Control Consult at the ANSON COUNTY HEALTH DEPARTMENT

110 Ashe Street
Wadesboro
704-694-5188

Funded by Title X Reproductive Health Services

SOME MASTERPIECES HANG ON A WALL. OTHERS KNOCK WALLS DOWN.



Built precisely. Works relentlessly. The world's No. 1 selling compact excavators* feature zero and conventional tail swing, 20% higher lift and finely tuned Kubota engines. They're part machine, part masterpiece and all Kubota.

BROOKS
Sales, Inc.

3144 Highway 74 East
Monroe 704-233-4242

www.BrooksSales.com

Mon - Fri 7:30 am - 5:30 pm
Saturday 8 am - 12 noon

FARM BUREAU ANSON

Anson County Farm Bureau Annual Meeting
Tuesday, October 3rd

Location: Lockhart-Taylor Center
514 North Washington Street • Wadesboro, NC

Time: **Doors will open at 6:15 p.m.**
Dinner starts at 6:30 p.m.
Business meeting starts at 7 p.m..

Admission: **\$2 per person**

We can only allow 2 people per membership. You must be present for your guest to come.

*Please present your membership card at the door.

You will be electing officers, directors and delegates to the state convention.

We look forward to seeing you there. *Ronnie Mills, President*