



**MAKE A LASTING IMPACT.**

**NATIONAL**  
OCTOBER 6-12, 2013  
**4-H WEEK**

Join the 4-H Alumni Community today at [4-h.org/alumni](http://4-h.org/alumni).

4-H is the youth development program of our nation's Cooperative Extension System.

**What 4-H Means to Me**

National 4-H Week is observed October 6-12. In honor of 4-H, Anson youth wrote statements about what 4-H meant to them.

- This is my first year showing livestock with Anson County 4-H. 4-H means to me is having a good time with livestock. 4-H is also a time to have fun with family and friends. It also helped me building self-confidence because I was shy. But after I got into the ring I was nervous at first but then I realized I had nothing to worry about. It was very fun to be in the show ring. Michael Sutphin, 12
- What 4-H means to me is coming together with 4-H leaders and your club members. 4-H is kind and caring. They teach you about respecting everybody and you go to day camp! You learn how to dissect a frog and how to help people when they are hurt. 4-H is a great at what they teach! They teach you and you can teach other people. Milayah Smith, 11
- Through the years I've made a lot of friends. It gives me something to do and learn at the same time. It helps me make good choices in life. Summer camp is especially fun. 4-H is my way of life. Justin Duncan, 12
- Fun to learn and do things that I have never done before. I get to meet people and make new friends. I love summer camp and during things with my new friends. I love to see the animals and learn about them. I like the crafts and games with my friends. Kendall Duncan, 6
- 4-H means a lot of things to me. It means going to camps, doing presentations, making project record books, and volunteering at fundraisers; all of which I love to do. I always have fun with 4-H, no matter what it is I'm doing. 4-H has taught me valuable life skills, such as leadership, trust, and most of all, how to have fun. 4-H isn't just a fun activity that I do, it's a part of my life, and I hope that it always will be.
- 4-H also means another thing to me. It means a way to change the world, to make a difference, to do things I've never done before, and to go places I've never been before. Through 4-H, I've learned new things, made new friends, and met new people. I hope that 4-H will continue being such a big thing in my life, and in other people's lives too. Katie Edwards, 13
- What I think 4-H means to me is that you don't have to be serious about it. You have to be creative about it. We have 4-H camps where we go different places to learn and how to have fun. We help with the community activities like the nursing homes. We sing for the residents at the home and made care baskets for them. We have cook offs contest to have fun and lots of more contests. One time I cooked pizza and came in 1st place in my division. We also have monthly meetings so we can know the dates we have different things going on. When we have camp in the summer we go swimming, go outside, skating, bowling, and laser tag and more exciting activities as well. We have an awesome time at 4-H and have great volunteer leaders that's willing to help us. 4-H is a volunteering club and doesn't mind go out in the community and helping other. Again, that's what 4-H means to me, giving back to the community. Kania Sturdivant, 11
- To me 4-H is a club for kids to help the elderly and the community. It is a club where children could have something to do to stay out of the streets. 4-H has workshops for the children to learn different things. 4-H works all throughout the community helping the veterans, the homeless, and you can gain community service hours. I am learning team leadership and leadership skills in the 4-H. Akira LeGrand, 13
- 4-H provides me with a sense of individualism like no other community organization I have ever been a part of. Doing community projects with teenagers from school has been fulfilling but I always felt like I was part of the crowd. I'm not one for the spotlight but I at least wanted to be known for lending my skills to bettering my community and in time expanding regionally with the help of other kids or adults. 4-H encompasses this and more.

**FISH DAY!!!**

**NOW IS THE TIME FOR STOCKING!**

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*Questions? Phone 704-694-2445*

This organization has taught me so much from developing my leadership skills, to learning responsibility and many other traits that will later help me on in life. Meeting fellow 4-H'ers from around North Carolina all coming together with their unique talents and skills to make a change not just in their community, but their country makes me proud to be in a place with so much fellowship and togetherness. 4-H showed me that it is okay to be different because being different changes things and that staying inside your comfort zone won't get you anywhere.

4-H makes me feel like I'm doing something worthwhile. That is why I am always excited to go to 4-H camps or events like Electric Congress or District Teen Retreat because the friendships you make with the other 4-H'ers are unbreakable. I love meeting the people and learning new topics from workshops and going back home to show people in my school. A lot of teenagers from my school think that 4-H is geeky, boring and not very exciting but they have no idea the life skills that you will possess when you age out. Even then you never truly age out of 4-H because it will always be a part of you forever. It surely has become a part of me. Morgan McCoy, 17

• I've been a part of 4-H since I was 5 years old. I'm really glad my mom and grandma signed me up. It means so much because of all the fun things and experiments we can do while learning all sorts of things. While working together in groups we all get to meet new people and make new friends. 4-H has always meant a lot to me and it always will. In the future, I see myself as part of 4-H for years to come. Quenton Cromartie, 10

• To me 4-H means fun and free spirit. You explore the world around you and learn cool stuff. You meet new people, explore new places and learn things you may never have the opportunity to learn anywhere else. You create crafts, do community service projects and learn good leadership skills. You can go on trips that are fun, but will teach you discipline and leadership. You do teambuilding activities, healthy foods and activities and other types of activities that will help you later on in life. Katherine Brown, 12

**"We're Baaaaaaaaaaaaaaaaaaaaack!"**

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Highway 74 in Peachland, NC  
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