

## Flu Vaccination Now Available at the Anson County Health Department

The 2015-2016 flu season is upon us and you may be undecided about whether to get the flu shot. The Centers for Disease Control and Prevention (CDC) recommends vaccination before the month of December to ensure that protective antibodies are in your system before flu activity is typically at its highest. The CDC continues to encourage vaccination throughout the flu season, which may begin as early as October and last through May.

While the CDC's Advisory Committee on Immunization Practices (ACIP) recommends everyone over the age of 6 months should get the flu vaccine each season. It is especially important for the following high risk groups:

- Pregnant Women
- Children younger than 5, but especially children younger than 2 years old
- People 50 years of age and older
- People of any age with certain chronic medical conditions
- People who live in nursing homes and other long-term care facilities
- People who live with or care for those at high risk for complications from flu, including:
  - Health Care workers
  - Household contacts of persons at high risk for complications from the flu
  - Household contacts and out of home caregivers of children less than 6 months of age.

The Anson County Health Department is now offering Flu Shots (Influenza vaccine) for the 2015-2016 seasons. Flu Shots will be available for walk-in patients Monday through Thursday, from 9 to 11 a.m. and then from 2 p.m. to 4 p.m. The health department accepts the following Primary Insurance for the influenza vaccination: Medicare, Medicaid, Medcost, Aetna, Cigna, Blue Cross Blue Shield, and United Health Care.

Children without insurance coverage ages 6 months thru 18 years of age may receive a free influenza vaccination. Please bring in all insurance cards for verification of primary insurance coverage.

Costs for individuals without active primary insurance coverage are:

- Influenza \$35 • High Dose Influenza \$80 • Pneumonia \$70

If you have any questions or would like to schedule an appointment please call Anson County Health Department at 704-694-5188 or 704-994-3320.

### VFW Essay Contest

The Veterans of Foreign Wars annual essay contest, Patriots's Pen and Voice of Democracy essay applications are available from VFW members and VFW Commander James Bennett and Auxiliary president Brenda Bennett. Any student desiring to enter, please get your application and submit it before November 1, 2015. Applications are also available at each of the schools in the county.

# Bouncy House!!!



## On the Square in Wadesboro During the Fall Festival SATURDAY, OCT 31 10am to 1pm



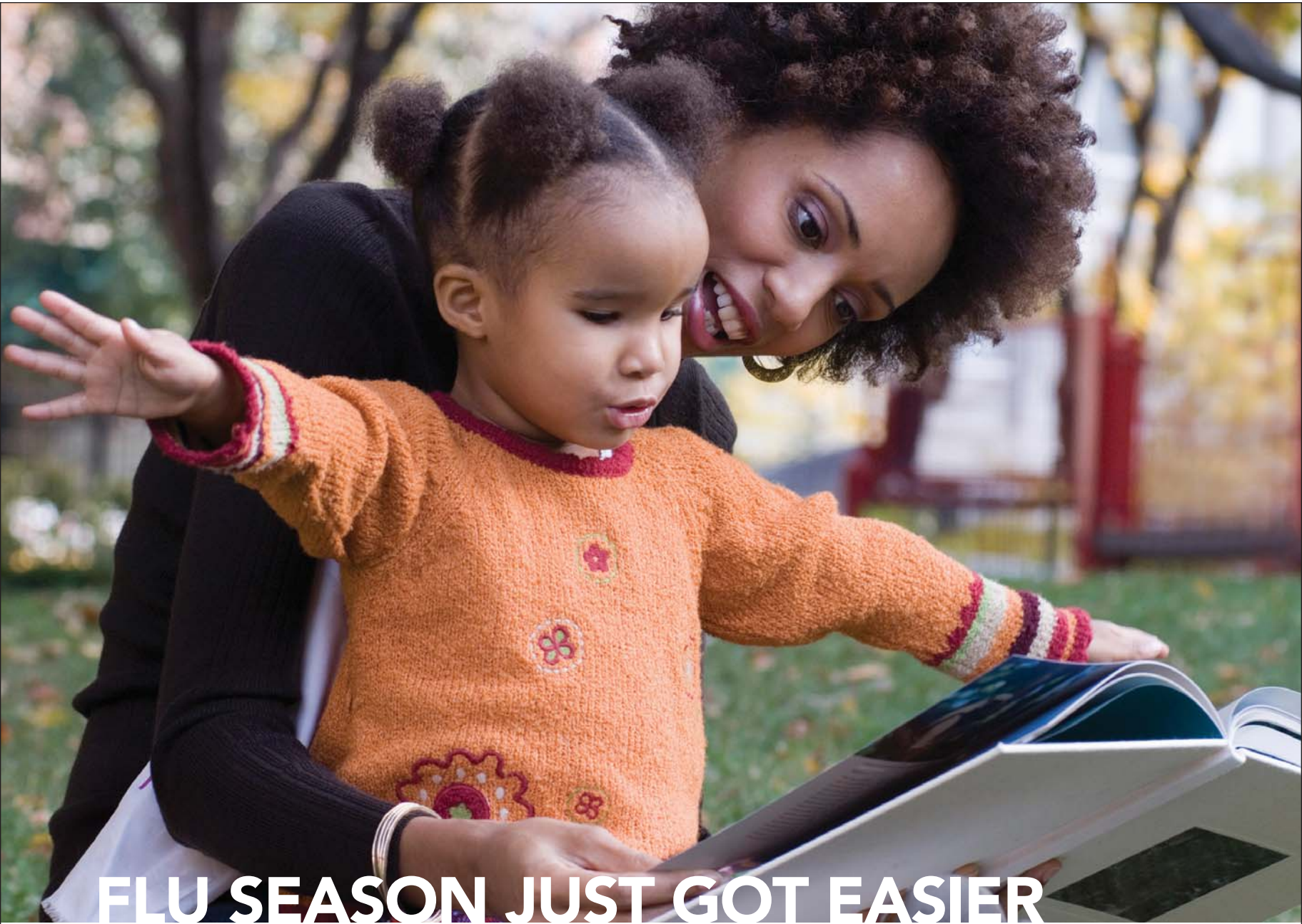
*Help support  
Anson majorettes,  
the Twirly Girls,  
compete and  
perform  
at Disney World*

### \$1 Per Slide \$5 Unlimited Slides!!!

Popcorn  
Too!



*We will see you on the Square!  
Don't be the only one not having fun!*



## FLU SEASON JUST GOT EASIER WITH EXTENDED HOURS

We know your busy schedule makes it difficult to get to the doctor's office. That's why many of our primary care locations now offer evening and weekend appointments. **Extended office hours** – in addition to **Urgent Care** and 24/7 care with **Virtual Visit** – mean more ways for you to get the care you need, when and where you need it. Plus, your electronic medical record travels with you to simplify visits now and down the road.

Find the care that's right for you at [CarolinasHealthCare.org/MyCare](http://CarolinasHealthCare.org/MyCare) or call **844-235-7006** to make an appointment.

