



Wadesboro Police Charity Bike Ride A Success

In a release from Wadesboro Police Chief Thedis Spencer: As Wadesboro Police Chief, please allow me to thank everyone who made the annual "Shop with a Cop" charity motorcycle ride a success on Saturday, October 18. Thanks to you, our bike ride will bring a joyful Christmas to needy children within our community. This assistance includes purchasing toys for the kids or even, like last year, helping a single mother and her child find a home for Christmas.

Thanks to our community's support, we anticipate being able to help more children in the future. Specifically, I would like to recognize the generous donations of Cobb-Vantress, Food Lion, Sonic, and Wendy's, Subway, and Jenkins Propane, as well as the

approximately 80 riders that came out and supported us.

Please allow me to also thank the Wadesboro Town Council, County Commissioner Vancine Sturdivant, Anson County Sheriff's Office Members Lynn Barber, Denise Cannon, Wadesboro Police Officers, Anson County 4H, Child Support Officer Jennifer Talton, Anson County Schools System Asst. Teacher Stephana Spencer, and our photographer April Hill. Also, thank you to Joe Tarlton Sr., "Little" Joe Tarlton, and Bertie Ingram for serving the hungry participants a great meal.

As Elizabeth Andrew said, "Volunteers do not necessarily have the time; they just have the heart."

Again, I sincerely thank you. Chief Thedis L. Spencer

Party in Pink Zumbathon Charity Event

You are invited to the first ever Party In Pink event. This is an hour long Zumba fitness party in honor of all of those who are battling or have battled against breast cancer.

Zumba fitness is the latest fitness craze which consists of exhilarating, effective, easy-to-follow, Latin-inspired, calorie-burning dance moves. The only things you will need to bring are a donation, water bottle, friends, and plenty of energy! All proceeds raised go to benefit the Zumba global research grant for breast cancer prevention, in partnership with Susan G. Komen for the cure.

This event is hosted by Mirandi Chewning (licensed Zumba instructor) and sponsored by Anson County Schools. It will be held at the Wadesboro Elementary School gym on Thursday, October 30, from 7 to 8 p.m. Doors will open at 6:30 p.m. and the first 50 participants to arrive will receive a gift. So don't forget to wear your pink, bring your friends, and let's dance!

UPFFC's Farm & Food Fest 2014 - The Food!

The Upper PeeDee Farm and Food Council is sponsoring its 2014 Farm and Food Fest for the Charlotte region on Saturday, November 8, from 8:45 a.m. to 3 p.m. at the renowned Lucky Clays Farm located near Norwood in Stanly county. This day-long event will have workshops with expert panelists from around the state, and an information-packed plenary session with two speakers on "Local Food Is Here to Stay." (See www.upffc.org website for more information.) In addition, you will enjoy delicious locally-grown food catered by the Charlotte region's renowned ROOTS.

ROOTS is dedicated to cooking, purveying and educating the Charlotte region on local food in the Carolinas. They do this by operating their local centric gourmet food trucks, teaching cooking classes, and catering weddings and special events around the region with only the freshest, locally-sourced ingredients.

Local farms, such as the Naked Pig, Bountiful Harvest Farm, and Lucky Clays Fresh, will be contributing to the special food fest. UPFFC worked with ROOTS to develop a menu from the farms' expected summer and fall harvests. Here is a sample of what attendees can expect:

- Crispy Fried Tilapia Sandwich with Spiced Apple Kale Slaw
- Roasted Pumpkin Soup with Ginger Marshmallow
- Roasted Vegetable Wraps with Honey Candied Pecans
- Herb Crusted Steak Sandwich with Chipotle Raspberry (or any kind of berry preserve) Aioli and Lettuce
- Mini Chicken "Kebabs" – Seasoned Ground Chicken with Julienne of Cabbage, Fresh Tomato, and Cucumber with Lemon Yogurt Sauce in a Warm Pita
- Roasted Sweet Potatoes with Saigon Cinnamon, Honey and Cayenne
- Grilled Broccoli Salad with House Cured Bacon, Dried Muscadine and Red Onion
- Cornmeal Crusted Fried Green Tomatoes with Piccadilly Relish and Smoked Cream Sauce

You must preregister for the 2014 Farm and Food Fest. Purchase tickets at www.upffc.org. Tickets will be available until October 31. For more information contact info@upffc.org or Shannon Johnson at (704) 984-9415.

Learn more about ROOTS at www.rootsfarmfood.com, at 704-975-1691 or by email at rootsfarmfood@gmail.com.

Students Needed to be CBCC Holiday Heroes

Area high school and college students can earn a scholarship by hosting a blood drive

The Community Blood Center of the Carolinas (CBCC) has kicked off its annual "Holiday Heroes" program to give high school and college students a chance to win a \$1,000 college scholarship by hosting a blood drive during the holiday season.

To qualify for a "Holiday Heroes Scholarship," students must host a blood drive in their community between Nov. 22-30 or between Dec. 20-Jan. 4; recruit friends, family and neighbors to donate blood; and collect a minimum of 25 units. CBCC will award a \$1,000 college scholarship to the student who collects the most units.

"Students make up about 25 percent of our donor base, and when they are out of school, donations drop significantly; paired with the busy holiday season and winter illnesses, collection levels often become seriously low this time of year," said Martin Grable, president and CEO of the Community Blood Center of the Carolinas. "We count on our students to host holiday blood drives. By hosting a blood drive during the 'giving' season, students can impact the lives of hundreds of local patients who are counting on our community to ensure they have the blood they need."

The Community Blood Center of the Carolinas is committed to supporting students and has awarded over \$172,750 in scholarships and grants since 2009. To learn more about the "Holiday Heroes" program, contact Kim Jones at 704-972-4727 or at KLJones@cbcc.us.

"We appreciate all of our student donors who play a key role in our blood collection efforts. Over the last 6 years, 23,301 lives have been saved as a result of student-hosted blood drives," Grable said. "Programs like 'Holiday Heroes' give us an opportunity to engage and reward our students who have the opportunity to be heroes by helping save local lives."

The Community Blood Center of the Carolinas (CBCC) is a non-profit community-based blood center and the primary blood supplier to 27 regional hospitals, serving 19 North Carolina and three South Carolina counties. For more information on hosting a blood drive or donating blood in your area, visit www.cbcc.us or call 704-972-4700.

Follow the Community Blood Center of the Carolinas on Facebook (www.facebook.com/BloodCenter) and on Twitter at www.twitter.com/CBCCCarolinas.

Stroke and Osteoporosis Screenings Coming to Wadesboro

Residents living in and around the Wadesboro community can be screened to reduce their risk of having a stroke or bone fracture. First United Methodist Church will host Life Line Screening on October 28. The site is located at 118 East Morgan Street in Wadesboro. Servio Manderochio of Holly Springs, NC attended a Life Line Screening and said, "I can't begin to thank you enough. The screening you performed save my life."

Four key points every person needs to know:

- Stroke is the third leading cause of death and a leading cause of permanent disability
- 80% of stroke victims had no apparent warning signs prior to their stroke
- Preventive ultrasound screenings can help you avoid a stroke
- Screenings are fast, noninvasive, painless, affordable and convenient

Screenings identify potential cardiovascular conditions such as blocked arteries and irregular heart rhythm, abdominal aortic aneurysms, and hardening of the arteries in the legs, which is a strong predictor of heart disease. A bone density screening to assess osteoporosis risk is also offered and is appropriate for both men and women.

Packages start at \$149. All five screenings take 60-90 minutes to complete. For more information or to schedule an appointment, call 1-877-237-1287 or visit www.lifelinescreening.com. Pre-registration is required.



Boy Scouts of America Fall Popcorn Sale

This month local Scouts will be knocking on doors throughout Anson County. Anson District Cub Scouts, Boy Scouts and Venturers are participating in the annual popcorn sale as part of Central NC Council Boy Scouts of America (BSA). Purchasing popcorn is one of the best ways to support the youth involved in the local scouting program. Many delicious pre-popped and microwave-popped varieties are available.

Popcorn Sales are designed to teach salesmanship skills, communication skills, and more importantly, a way for Scouts to learn financial responsibility by earning their own way through the scouting program. Over 70% of the funds raised stay at the local district and council levels. Many in the community use this event to buy multiple items to give away as Christmas gifts, employee gifts and to support military personnel through the Gold and Silver Military donation programs.

Popcorn Sales end on Monday, November 3. If you are not contacted before that time and want to support local scouts with a popcorn purchase, please contact Anson District Popcorn Chairperson John Ratliff at 704-272-5325 to arrange for a Scout to meet with you.

Free Movie is *The Book Thief*

Hampton B. Allen Library will be showing a free movie on Monday, October 27 at 10 a.m. in the Little Theatre. The movie will be *The Book Thief* which is based on the beloved international bestselling book by the same title. It tells the story of Liesel, an extraordinary and courageous young girl sent to live with a foster family in World War II Germany. Everyone is invited to come and bring a friend.

For more information call 704-694-5177.

BONANZA BUCKS

PLUS

0%

FINANCING FOR 72 MONTHS

OR

CASH BACK

This year's Value Bonanza gives you MORE SMART WAYS TO SAVE on select New Holland hay and forage equipment. It starts with **BONANZA BUCKS** – it's like bonus cash just for buying – and continues with **0% FINANCING FOR 72 MONTHS**. That's SIX YEARS without finance charges. Or choose **CASH BACK** in lieu of financing on these models:

- Roll-Belt™ Round Balers
- Large Square Balers
- Small Square Balers
- Speedrower® Self-Propelled Windrowers
- Haybine® Mower-Conditioners
- Discbine® Disc Mower-Conditioners
- MegaCutter™ Mounted Triple Mower-Conditioners

www.BrooksSales.com

Act fast! See us before this offer ends on November 30, 2014.

3144 Highway 74 East

Monroe 704-233-4242

Mon - Fri 7:30 am - 5:30 pm

Saturday 8 - 12 noon

*For commercial use. Offer subject to CNH Industrial Capital America LLC credit approval. See your New Holland dealer for details and eligibility requirements. Depending on model, a down payment may be required. Offer good through November 30, 2014, at participating New Holland dealers in the United States. Offer subject to change. Taxes, freight, set-up, delivery, additional options or attachments not included in price. © 2014 CNH Industrial Capital America LLC. All rights reserved. New Holland Agriculture is a trademark registered in the United States and many other countries, owned by or licensed to CNH Industrial N.V., its subsidiaries or affiliates. CNH Industrial Capital is a trademark in the United States and many other countries, owned by or licensed to CNH Industrial N.V., its subsidiaries or affiliates.

Who Better to Serve Your Medical Needs than Another Woman

LATIKA D. PATEL, M.D.

Board Certified in Obstetrics & Gynecology

Specializing in: Complete Prenatal Care • Gynecology
Colposcopy • Cryosurgery • Gynecological Surgery
Contraceptive Counseling • Sterilization Procedures • LEEP

All Major Insurances Accepted

CAROLINA OBSTETRICS & GYNECOLOGY

704-289-2944 • 1424 East Franklin Street in Monroe

Monday - Friday 9am to 5pm If no answer call 704-283-3100