

Certified personal fitness trainer Leslie Snow offers a free Introduction to Yoga-Based Fitness class each month, on the last

Saturday. The classes are held at First Methodist Church in uptown Wadesboro, from 9 to 10 a.m. You can learn the principals of yoga, breathing and poses. For more information contact Leslie at 704-272-9254 or leslie@lesliesnow.com.

Chris Hough and Bianca Garmen Win Initiative

Chris Hough of Anson County Early College and Bianca Garmen are winners of the 100 Reasons to Achieve Initiative for the first nine week period. They each received \$50 gift cards



Chris is from the Anson County Early College. Bianca attends Ansonville Elementary School where she is in Mrs. Lawanda McClendon's third grade class. Mrs. McClendon said, "Bianca is a great student!"

Remembering.....
By Ed McBride

Veterans and Thanksgiving

Now as we give our thanks and appreciation to veterans and all - and as we celebrate Thanksgiving 2011, from the sacrifices, caring support, and for all that makes this a better Anson County and world!

We have, through the years, shared the occasions with so many - with hopes that we do make a difference at this time of celebration!

Ed

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HOLLA! sponsors this initiative yearly. This program is designed to provide an incentive tool for each school in the county to use as they see fit to help motivate students to perform to the best of their ability. Winners are chosen by the schools every 6 to 9 weeks, and each winner receives a \$50 gift card.

Friends of the Library to Raffle Christmas Goodies

The Friends of the Hampton B. Allen Library will be raffling their annual Christmas basket, chock full of lovely gifts and goodies. Tickets are \$1 and can be purchased at Lacy's, Wadesboro City Hall and the library. The basket is on display in the library so stop by and take a peek.

Inside are items which include a Dreamscape by June Rollins, photo note cards by June Witherspoon, a North Carolina cookbook, gift cards, edible goodies, music CD's, ornaments, books, tees, pillow, and even a Wadesboro license plate!

Sitting next to the basket is a handcrafted, decorated birdhouse, which is also a part of the raffle. So drop by one of the three locations and purchase your tickets, available now! You could be the winner of this fabulously stocked gift basket.

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Nickels for Know-How Check-off Vote Set for Today

Farmers will have an opportunity to vote whether or not a tax put on feed and fertilizer for agricultural research, extension, and teaching programs in the College of Agriculture and Life Sciences (CALs) at NC State University will be held Wednesday, November 16, 2011 subject to approval by the Board of Agriculture.

Users of feed and fertilizer in North Carolina will vote today, November 16th, on whether to continue the voluntary 15 cents per ton self-assessment and animal feed produced in our state. Since 1951, the tax, dubbed "Nickels for Know-How" check-off has been voted on every six years and has passed in the 13 previous referenda by an average 90% favorable vote.

Co-Chairs of the November 16 Referendum are Mr. Larry Wooten, President of the NC Farm Bureau, Mr. Jimmy Gentry, President of the NC State Grange and Mr. James I. (Jim) Smith, Chairman of the NC Agricultural Foundation, Inc. and a farmer from Stem, North Carolina.

Dean Johnny C. Wynne of CALS says: "Virtually every significant advancement in agriculture in the last 60 years has received Nickels funding at some point. Without Nickels, our College would not be able to serve the citizens of North Carolina as well as we do."

Efforts to keep rural agricultural students at NC State through the "Spend a Day at State" program, the CALS Student Ambassadors Program, CALS Teaching and Advising Awards, Workshops for High School Vocational Agriculture Teachers, On-Campus Internships and Annual Scholarship Enhancement are also funded by Nickels.

Since 1951, most of the state's research-based agricultural advances have at some point shared Nickels funds. Some examples of those faculty-driven projects are as follows: Construction of the NC State University research-based feedmill - the only facility of its kind in the US; Switchgrass variety as feedstock for bioethanol production; Strengthening agricultural programming in 4-H through commodity groups; International competitiveness of the NC swine industry; Developing 4-H livestock programs and educational materials; Using vitamin E to improve pork quality; Composting swine manure for nutrient removal; Integrating swine waste mgmt. with greenhouse tomato production; Processing mortality silage into valuable poultry and swine feed products; Foliar fertilizer use in NC cotton; Profitable peach production as part of a diversified farming operation in NC; Mechanisms of protein degradation in chicken skeletal muscle; New forage grazing strategies to improve conversion of grass to beef; Enhancing quality and safety of North Carolina specialty meat products; Management of red imported fire ants in North Carolina pastures; Maximizing turkey meat yield through early post-hatch nutrition; Wheat transformation for drought tolerance;

These are just a few of the ways Nickels for Know-How has worked to support North Carolina farmers and agribusinesses. NC State University is grateful to the citizens who make this possible by voting on November 16, 2011 for the statewide Nickels Referendum. Polling places in Anson County will include:

- Anson County Cooperative Extension Center at 501 McLaurin Street, Wadesboro
- Martin Brothers Equipment Company, 894 US Highway 52, Wadesboro
- Anson Farm, Home, & Garden, 1221 East Caswell Street, Wadesboro.

For information please contact Jessica Anderson, Agriculture Agent at Anson County Cooperative Extension Center, 704-694-2415. For additional information on the Nickels for Know-How November 16 Referendum or the Nickels Program, please contact Keith Oakley in Raleigh at 919.515.9262 or keith_oakley@ncsu.edu.

Thrift Store Grand Opening This Friday

On Friday, November 18, The Good Steward Ministries Thrift Store, a non-profit group, will hold a grand opening and ribbon cutting ceremony at 10 a.m. The store, located at 110 East Main Street in Marshville, hopes to help people in need from both Union and Anson Counties.

Helping the needy, home-burn victims, battered and abused women and much more is what they hope to accomplish. You are invited to come by and make donations or seek their help.

By Melanie Lyon

Thank You Anson County...

At this special time of year, we pause to give thanks to the people of Anson County, our customers and shareholders. Our team of associates wish you and your family a Happy Thanksgiving.

Please join us for refreshments
 November 21, 22 and 23

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